

Games and Activities

Roman exercises

The Romans knew exercise was important to stay healthy. Play a simple exercise game. Roll a dice and do that exercise for 10 seconds. Some ideas are: 1) Ride a horse, 2) Run on the spot, 3) Hold your shield, 4) Shoot arrows, 5) Sword fight, 6) Crawl to safety.

There are lots of other great resources and activities to learn about the Romans online.



The Centurion commands

This game is a twist on the classic 'Simon says,' and will remind your children how people had to obey the centurion. When you say, "The Centurion commands" the child must obey. For example, "The Centurion commands touch your head."

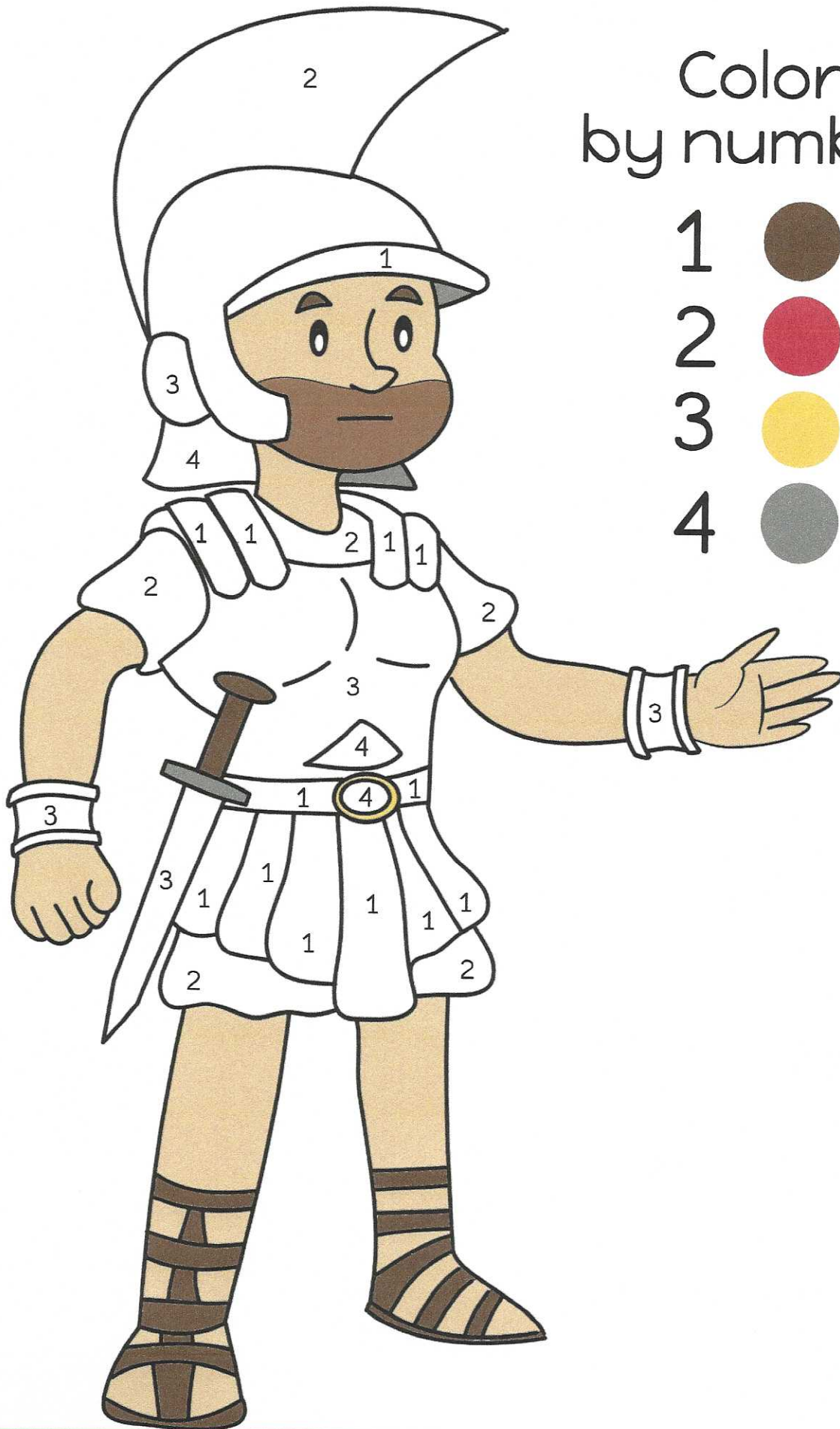
When you say a command without saying, "The Centurion commands" the child should ignore the command.



Create a 10 frame

Ten-Frames are two-by-five rectangular frames into which objects can be placed as counters to show numbers less than or equal to ten. They are a proven way of learning numbers with children. The frame can be repeated to larger numbers.

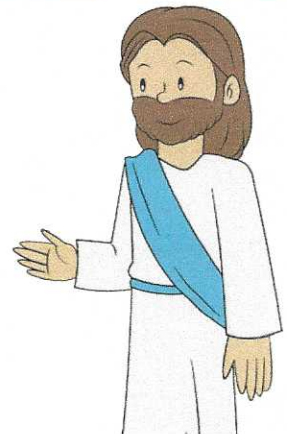
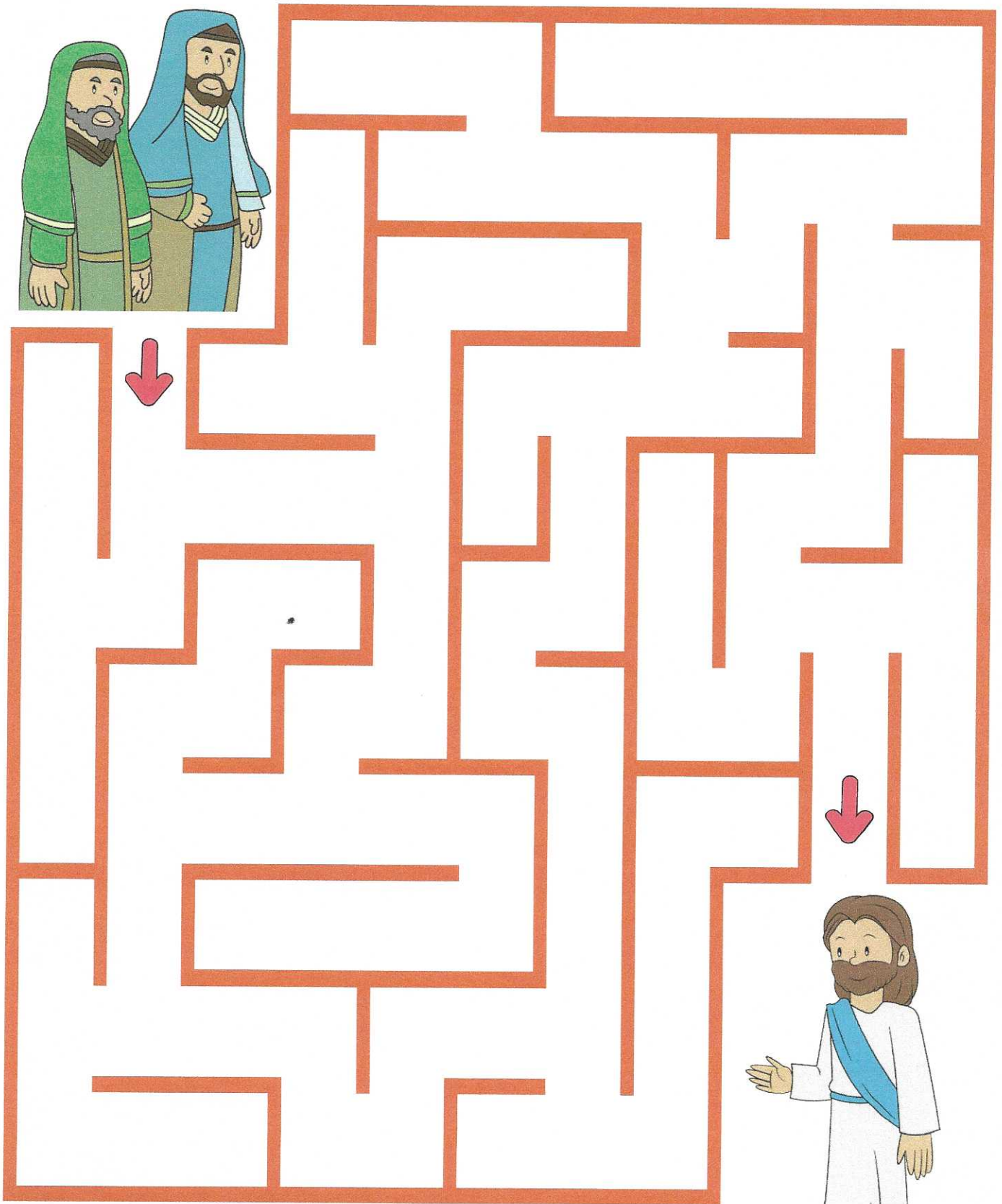
Have your child fill the 10 frames to create 10 groups of 10 objects. Use whichever objects you have (pencils, toys, pasta). Remind your child that the Centurion had command over around 100 men.



Color
by number

- 1 ●
- 2 ●
- 3 ●
- 4 ●

Help the elders take the message to Jesus



Label the Centurion

Helmet

Head

Hand

Eye

Sword

Arm

Leg

Belt

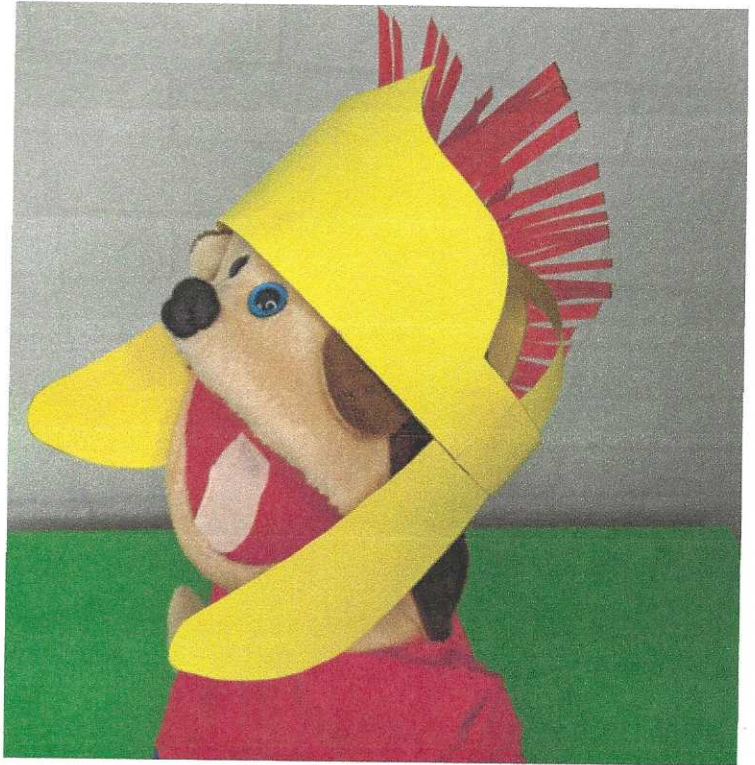
foot



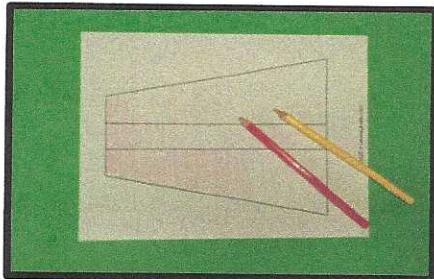
Roman Helmet

What you need

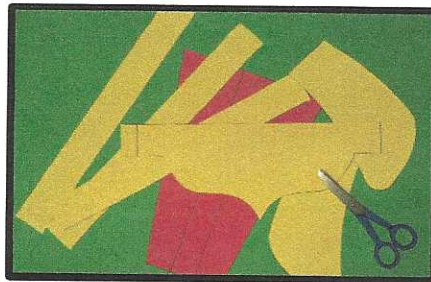
- Template pages.
- Paper or cardstock. (white or Colored)
- Scissors,
- Glue stick.
- Pens or pencils.



What to do



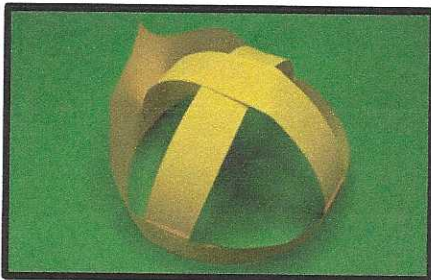
If using white paper or cardstock, color both sides. (Alternatively print onto color paper.)



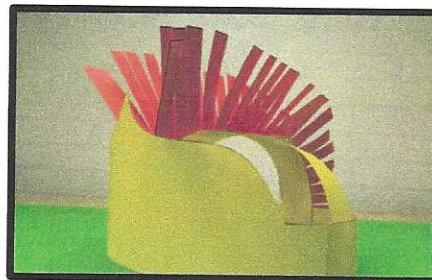
Cut out all the parts.



Glue front and strip together to correct size for child.



Glue the other two strips in a cross and attach.



Cut strips to the center of cross piece and glue onto the helmet.



Glue on earpieces.

